St Cuthbert and The First Martyrs' Catholic Primary School

PE Long Term Plan (2026-2027)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Body movement	Travelling movements	Balance and Coordination	Hand-Eye Coordination	Strength and precision	Movement and Control
Year 1	Run jump throw	Hit catch run	Dance	Gymnastics	Send and return	Attack defend shoot
Year 2	Run jump throw	Hit catch run	Dance	Gymnastics	Send and return	Attack defend shoot
Year 3	Cricket	Gymnastics	Dodgeball	Badminton	Netball	Rounders
Year 4	Tennis	Gymnastics	Dance	Football	Basketball	Hockey
Year 5	Cricket	Gymnastics	Dodgeball	Badminton	Netball	Rounders
Year 6	Tennis	Gymnastics	Dance	Football	Basketball	Hockey